



# How to Heat Press a Design

## How to Press Spangles

- Set Heat Press to 288 degrees F
- Set Pressure to HIGH (90 PSI)
- Press SpangleElite Design for 16 Seconds
- Rub design with cloth or t-shirt immediately after press
- Warm/Hot peel paper, pulling the paper close to the garment (not a straight up pull)

## Tips to press better

- Lint-Roll garment if a lot of lint comes off on your transfer paper and you miss spangles
- Pre-Press garment for 5 seconds to smooth surface, press down fibers.
- Use a Nomex heat pad under the garment if your press cannot achieve enough pressure or you are working with an uneven garment (e.g a large seam in the center of the shirt or handles present on a tote bag). This will help provide a more even pressure across your entire design.
- Roll the transfer paper off as close to the garment as possible, rolling it off onto itself.
- Avoid using a very cold surface to remove transfer paper. The garment can cool too fast.
- Avoid taking too long to pull off your paper, part of the design could cool off too much.
- If you are working with a new garment and spangles don't stick, try testing your design and method on another garment. It is possible you are working with a textile that has a coating or finish that resists adhesives.
- If your garment is chemically treated, you can attempt to wash it on a cold/gentle cycle to prepare it for spangles.
- Only press spangles on a clean/dry garment.
- When learning to press spangles use the same garment on the front/back/sides and inside out. Do not waste many garments on learning and practice.